

## Disclosure Statement of Gregory Sparrow, EdD, LPC-S (TX), LMFT (VA)

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I am excited to be your clinical supervisor during your LPC Internship. The following material is designed to conform to best practice standards and ensure that you understand our professional relationship and my background.

### About Me

I am Professor of Counseling at the University of Texas Rio Grande Valley, a Licensed Marriage and Family Therapist in Virginia, and a Licensed Professional Counselor-Supervisor in the state of Texas. I teach courses in group, couples and family, DSM, ethics, clinical mental health counseling, crisis, and internship. My clinical areas of counseling competence are individual, conjoint therapy, systems-oriented family therapy, and group therapy.

I am a past President and Board Chair for the [International Association for the Study of Dreams](#), the site creator of its new Online Course and Conference Center ([www.iasdreamcourses.org](http://www.iasdreamcourses.org)), and was co-chair of the recent IASD Online Research Conference. I am on is the faculty of Atlantic University in Virginia Beach, where I have developed and taught courses in the evolution of consciousness, the yoga of dreaming, and spiritual mentoring.

I have maintained a solo private practice in professional counseling since 1982, and currently practice in McAllen, Texas. I specialize in existential, Jungian, systemic, and transpersonal approaches to therapy, and has developed an approach to dream work based on my lucid dream research, called the FiveStar Method. I founded [DreamStar Institute](#), which offers mentoring and certification in dream analysis for laypersons and clinicians. I wrote the first book on lucid dreaming published in North America, titled, [Lucid Dreaming: Dawning of the Clear Light](#). I have lectured and taught courses across the U.S. on such topics as meditation, spiritual experiences, and dream work methods. I am a student of Jungian psychology, Eastern religions, and contemplative Christianity. For several years, I made a study of the "Christ encounter," which is the visionary or dream experience of meeting Christ face-to-face. A book on this research titled, *I Am With You Always: True Stories of Encounters With Jesus*--a Barnes and Noble bestseller, Book of the Month selection, and Quality Paperback selection--that was published by Bantam in 1995. Similarly, I subsequently wrote a book about dreams and visions of Mary, titled *Blessed Among Women: Encounters with Mary and Her Message* (Crown, 1997). I am also author of [Sacred Encounters with the Christ](#) (Ave Maria, 2002), [Sacred Encounters with Mary](#) (Ave Maria, 2003), [Healing the Fisher King: A Fly Fisher's Grail Quest](#) (BlueMantle, 2009), and [The Blue Ornament](#)(BlueMantle, 2014).

### About My Role

Supervision is a process whereby one person is designated to facilitate the professional development and therapeutic competence of another person or persons while safeguarding the

clients of the supervisee. I have chosen to conduct my supervision using a model that employs the roles of teacher, counselor, and consultant within a developmental framework. I will utilize the teaching role to assist you in learning a technique or a skill. The counselor role refers to the common therapeutic factors that are used to facilitate your personal growth in treatment-related issues where your specific thoughts or feelings are stimulated by the client and interfere with efficacious treatment. Ethically, I cannot provide therapy for you as part of my supervision. The consultant role is useful for case review and for discussion of areas of uncertainty.

During our supervision session, I will help you to focus on the following areas in counseling: process, personalization, conceptualization, and administration. The process skills comprise counseling techniques. Personalization refers to those aspects of your experience that relate to you as a person, such as transference and countertransference. Conceptualization focuses on how you think about, plan for, and analyze your cases. The administration function covers all other aspects of counseling such as case notes, ethics, licensure, and business practices. Since you may be taping some of your counseling sessions, we will use these tapes and tapescripts for review in supervision sessions. In addition, we will use case note review, role plays, simulations, and other modalities for our sessions.

LPC Internship is one of the final steps in the developmental process of learning to counsel. My belief is that this can be accomplished only over time with supervised practice and with reflection on that practice. Supervision will consist of weekly individual or triadic supervision. In my role as your supervisor, I will attend to safeguarding your clients' welfare, assist your professional growth, and serve as a gatekeeper of the profession. Your part in this process will be to counsel clients weekly, to prepare paperwork weekly on counseling sessions, and to attend weekly supervision sessions (four hours per month minimum). Supervision will require reflection on (1) the counseling process of your client sessions, (2) you as the counselor, and (3) the profession of counseling (primary focus on licensing regulations). You will present those issues that remain unresolved at supervision. To this extent, you are in charge of your learning. I will try to help you understand how to prepare for your supervision. ***NOTE: AS A HOLDER OF THE LPC INTERN LICENSE IN THE STATE OF TEXAS, YOU ARE EXPECTED TO HAVE KNOWLEDGE OF AND COMPLY FULLY WITH ALL LICENSING REGULATIONS AND APPLICABLE LAWS.***

I will maintain record of our supervision sessions and suggest that you do the same. *Per licensing regulation, you are to provide me with hours earned at each site up to the date of supervision, at each supervision meeting.* All information that you share with me concerning your clients or yourself will be kept confidential. **HOWEVER, LAWS SUCH AS HIPAA AND FERPA MAY PRECLUDE DISCUSSING IDENTIFIABLE PARTICULARS OF CASEWORK WITH ME. FOR YOUR PROTECTION, YOU MUST HAVE A MENTAL HEALTH PROFESSIONAL OVERSEE YOUR WORK AT EACH SITE ("YOUR BOSS") THAT I MAY SPEAK WITH THROUGHOUT YOUR INTERNSHIP.**

Furthermore, there are several important exceptions that pertain to releasing confidential material to me. I will release confidential material under the following circumstances: (1) You direct me to share information with someone else. (2) I determine that you or a client is a danger to yourself or others. (3) I suspect child, incapacitated person, or elder abuse of you or your client. (4) I am ordered by a court or our laws to disclose information. (5) It is necessary to defend myself against a legal action or formal complaint that you and/or your client make

before a court or regulatory board or I must make due to willful disregard of licensing regulations. I will attempt to maintain the strictest level of confidentiality, although I may disclose your client's case or my supervision of you in extreme or specific instances (identified above), I will not disclose your client's name or other identifying information so that confidentiality may be protected. Specifics are also outlined in my Contract for Supervision Services.

To be clear, at this point in your professional development, you have completed the education portion of your training, have had a degree conferred upon you, and are licensed as a counselor in the state of Texas; my primary role is to oversee, to the best of my limited abilities, your actual practice of counseling in compliance with Texas licensing regulations. My services as your clinical licensing supervisor will be rendered in a professional manner consistent with accepted ethical standards. Although I am unable to guarantee any specific results regarding your learning goals, we will work together to achieve the best possible results for you. I may assign written work, reading, viewing of tapes, or suggest further training to assist you. I will give you written evaluations at mid-point and at the conclusion of supervision for rating both yourself and me. My belief is that evaluation is an ongoing practice that should be as clear as possible. If you are dissatisfied, please let me know.

If you need to reach me by phone (see numbers above) and are unable to do so, you may leave a message for me on my confidential, password-protected personal cell voicemail, and I will return your call as soon as possible. My wife Julie is my office manager, so you can feel free to speak with her, as well.

If you have any questions, please feel free to ask them at any time. I look forward to helping you attain your professional counseling goals!

**Statement of Understanding: I have read and understand the Disclosure Statement.**

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**Supervisee Signature and Date**



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**G. Scott Sparrow EdD, LPC-S, Clinical Supervisor Signature and Date**

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**Employer Signature and Date**